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Assignment: Value Stream Mapping

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A diagram of a flow chart

Description automatically generated

My metrics for the above routine is the total time for each step, the time from beginning to finishing, and non value added tasks.

Here I have to determine which step takes the longest in order to reduce the time in non value added tasks that I would eliminate and combine study sessions.

To optimize my routine, I would have to combine review notes with relaxation time. I would also have to use study apps to make the process a bit faster on my end as well as creating a fixed schedule to minimize decision fatigue.